



The Plan

Ms. Lawhon's Easy Plan to Catch Up & Raise Grades

You Have Time.

Your core classes, and the Gateway electives, are all one year long. That means you have until June 8 to get caught up, and/or grades improved! The semester doesn't end till mid January, so you also have time to catch up (and pass) the .5 Electives like Health, Journalism, and Career!

You Can Do This.

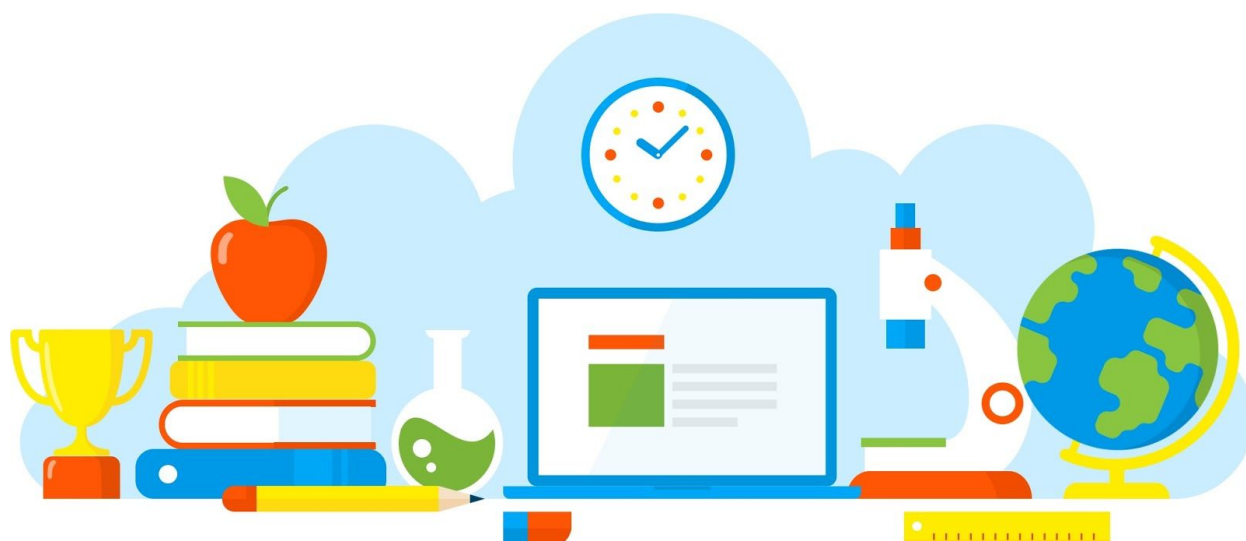
My plan is easy. Simple. Follow it, and you WILL get the grades you want and you WILL catch up. You have to choose to follow it with dedication for it to work. "Trying it" will not work. So...are you ready to choose to succeed?

You Can Have the Grades you Want.

My plan will allow you to get all A's and B's, if that is your goal. The more you stick to the plan, the more you build the skills to succeed. The more you practice these skills, the better you get at them. Soon, they become habits. Habits are the easiest thing in the world to do...so easy you don't have to try, you just do them!

Benefits of this Plan...

- ★ You can spend HALF the hours that you normally do in "regular" school.
- ★ 3 weeks on this plan, you will be working 4 hours a day or less.
- ★ In 6 weeks, you will be caught up AND have A's or B's if you choose to
- ★ You can let go of the overwhelm, stress, and panic and sometimes mental shutdown that happens when you don't see a way out.
- ★ You won't have to repeat a grade.
- ★ You will be able to do all your work & get good grades in half the time you'd be spending in a regular classroom at a traditional school ($\frac{1}{3}$ if you count homework time! And the more you follow this, the faster you get, so it goes down to $\frac{1}{4}$ after six weeks)
- ★ You will be PROUD of yourself.
- ★ Your family and friends will be proud of you.



Set your Goal Now:

I will catch up to pace & get my grades up to ____ in all my classes. I choose to follow this plan because that is how I will achieve my goal.

And if you stick to the plan, you will achieve this goal, and any other you set.



The Plan: Part 1

3 Steps - 4 Classes - 5 Days a Week

Basically for this month, you'll put in 4 hrs a day, and add 30 min Post Tests each day they come up, or do all 4 on the weekend. This will catch you up and improve your grades by the end of Semester.

Next month, you'll be doing 3 hours a day-2 to stay on pace and 1 to improve grades. By Second Semester, you will probably be down to 2.5 hours a day AND have weekends and holidays off.

Schedule 1

Choose an order for your classes Monday-Friday. Stick to it. Here's an example:

10AM	11:30AM	lunch/break	2PM	3:30PM
Math	Science		Lang. Arts	Geography

Now choose your times to take each Post Test
(assume 30 min per test-3 or 4/week).

Steps 1-3

1. Per your schedule, go through your class's tutorial (math, science, language arts, geography) and fill out the guided notes.
2. Then, take the mastery test for that class WITH THE NOTES OUT.
3. Take the Post Tests as you get to them by tacking one on at the end of each day, or taking them all on the weekend.

Helpful Tips:

- ★ You can do the hours in a row or spread them out. If you do one in less than the time you allotted for it, move on to the next class!!
- ★ You will get faster after a couple weeks of this!
- ★ At first, you might not get a whole tutorial a mastery test and guided notes done in one hour. That's okay because after three weeks of doing this (taking weekends off as usual!) you'll be getting them done in less than an hour!!!
- ★ You can set aside an extra 2 hours per week to take post tests. That's four 30 minute sessions whenever is easiest for you. Just remember to have out all the guided notes from that unit before you start it!
- ★ I always recommend taking weekends off though. We need a brain break!
- ★ DO 1-3 and you'll be caught up by Christmas break. (Plus you will have good grades because guided notes make tests easy!)
- ★ Once you notice all your pacing icons are green in Edmentum, you're caught up! And NOW, we want to raise your grades!

Repeat the schedule and steps 1-3 until you are on pace. Once you are on pace in all classes, change your schedule slightly; We'll use this time to get grades up to C's or higher. We will also catch up in Electives!



The Plan: Part 2

3 Steps - 6 Classes - 5 Days a Week

Schedule 2

Steps 1-3

1. Mondays/Wednesdays:

- As usual, Do Math/Science tutorials/tests (2 hours)
- Go back through Math/Science **old** tutorials and mastery tests where you got **40% or lower**. Redo two of those tutorials using guided notes. Take the mastery tests with the guided notes.(2 hours).

2. Tuesdays/Thursdays:

- Do Language Arts/Geography tutorials/tests as usual (2 hours)
- Go back through Lang Arts/Geog old tutorials and mastery tests where you got 40% or lower. Redo two of those tutorials using guided notes. Take the mastery tests with the guided notes. (2 hours)

3. Fridays:

- Option 1: Do 2 tutorials/mastery tests for Elective 1 (2 hours)
- Option 2: Do 1 tutorial/mastery test for Elective 1 then same for Elective 2 (2 hours)
- Go back & redo low grade tutorials/tests in Electives using Guided Notes.(2-3 hours)

Continue to set aside 30 min for each class each week (2 hrs/week) to take the post tests with your guided notes. You can ask teachers to reset old ones where you got a low grade, if you have the guided notes and know you can do better.

After 2-3 weeks of this, you should now be on pace AND have good grades in all classes! And now, your reward! 6 months of only 2-4 hours a day for school! So, starting during break or the first day of 2021, or day one of Second Semester...



The Plan: Part 3

3 Steps - 6 Classes - 5 Days a Week

Schedule 3

Steps 1-3

1. Monday/Wednesday

- As usual, Do one Math, one Science tutorial/test with guided notes (about 2 hrs-probably less now that you're so fast at it!)
- Do Elective 1 tutorial/test with guided notes (about 45 minutes)

2. Tuesday/Thursday

- As usual, Do one Lang Arts, one Geog tutorial/test with guided notes (about 2 hours)
- Do Elective 2 tutorial/test with guided notes (about 45 minutes)

3. Friday

- Take any/all Post Tests that came up this week with Guided Notes out (30 min/Post Test)
- Do an Elective Tutorial/Mastery or Post-Test--alternate one elective this week, the other one next week (about 45 minutes)

Helpful Hints:

- Just keep an eye on your pacing icons and make sure you are on pace. If you get behind, just add one tutorial/mastery test and guided notes to two days/week.
- Keep using the Guided Notes EVERY TIME. **Continue this habit keeping everything exactly the same.**
- You will get faster and it will get easier!
- Your grades will be as high as you choose for them to be! The more thorough you are with guided notes and the more consistent you are doing it the same way every time, the better you get.



Why does this work so well?

- Habits make things easy right? Like if you're in the habit of brushing your teeth every morning, you don't think about it or "try hard" or spend extra time to brush your teeth! You just do it without even thinking about it! And you do it better and more effectively every time.
- Just like that, If you follow 1-3 above daily for 3 weeks, Edmentum classes will work the same way.
 - You'll spend less and less time on it,
 - your grades will get better and better,
 - you'll find it gets easier and easier to do!
- The only thing to remember is to stick with the plan and MAKE yourself do it for the first 3 weeks.

I'll be right here for support and encouragement AND to help if anything needs more explanation!



Imagine by Winter break you'll be caught up, and can relax. And to relieve even more stress, you can take a few days on that break to go back and redo older low score tutorials & tests using your new habit!

You have the time and ability to do this.



Now you have a simple plan too!

Here are some apps and tips if you need help organizing your plan or schedule. <https://zapier.com/blog/best-kanban-apps/>. The Kan Ban method is an excellent visual way to make sure you get everything done that's needed. Any.do is my favorite organization app. This article gives a detailed description of what works and why...at the end it lists some good apps to help manage your time using the Agile Method. <https://zapier.com/blog/agile-method-prioritization/>

I will be posting more note-taking and organization & learning tips on my website: www.cclawhon.com LUMINARIES tab and Curriculum tab...password is TVA123.



Reach out in Canvas or email lawhoca@tulsaschools.org or text me on Talking Points whether you are parents or students, I am here for any need that arises!

-Ms. Lawhon